

Louis S. Viverito Senior Center Activity Schedule

7745 S. Leamington Ave. Burbank, IL 60459 (708)636-8850

	Monday	Tuesday	Wednesday	Thursday	Friday
Grand Activity Room	Lunch 11:30	Bingo 9:30 Lunch 11:30	Lunch 11:30	Bingo 9:30 Lunch 11:30	Lunch 11:30 Movie 12:30
West Room	Nutri B's Senior Club 9:00 - 11:30	Seniors on the Go 12:00 - 2:30 (2nd & 4th Tuesday)	Silver Circle Senior Club 10:00 - 2:30	Meditation Class 10:00 (3rd Thursday of the month)	Adult Coloring Class 9:30 - 11:15
Get Fit Pit	Zumba Gold 8:45 - 9:30	Forever Fit 8:45 - 9:45 Line Dancing 10:00 - 11:30 Arthritis Exercise 12:30 - 1:15		Tai Chi 8:45 - 9:45 Line Dancing 10:00 - 11:30 Arthritis Exercise 12:30 - 1:15 Gentle Flow Yoga 1:30 - 2:30	Forever Fit 8:30 - 9:30 am Gentle Flow Yoga 10-11 am Wii 12:30
East Room	Chess Club 12:30		VIP Senior Club 10:00-2:30		
Art Studio	Burbank Cultural Art League 1:00 - 3:45 (last Monday of the month)	Quilling Club 9:30-11:00 Paint Class (1st & 3rd Tuesday) 12:30 - 3:30 Open Paint (2nd & 4th Tuesday) 12:30 - 3:30			Hook & Needle Club 12:00 - 2:00
Billiard Hall	Open for use	Open for use	Open for use	Open for use	Open for use
Game Room		Poor Man's Poker & or Golf 12:00 - 3:00		Pinochle 9:30 Poor Man's Poker or Golf 12:00 - 3:00	Pinochle 9:30
Computer Lab	Open for use	Open for use	Open for use	Open for use	Open for use