

Monday	Tuesday	Wednesday	Thursday	Friday
>3oz hotdog on wheat bun with ketchup,mustard,onion,tomato,pickle >1/2 cup coleslaw >potato chips >1/2 cup grapes 1	>3 oz sub sandwich >lettuce,tomato,cheese,mayo,must >1/2 pasta salad >1/2 cup kidney beans salad >pretzel roll >1/2 cup fruit jello 2	>3 oz vesuvio pork chop >1/2 cup vesuvio potato >1/2 cup carrots in dill butter >1 cup tossed salad/dressing >1/2 apple sauce >1oz wheat roll and margarine >graham cracker 3	>3 oz fajita chicken w/sour cream,cheese,salsa >1/2 cup mexican black bears >1/2 cup fiesta rice >1 cup chicken tortilla soup/cracker >flour tortilla >1/2 cup pears SALAD>cobb salad w/chicken/soup/cracker/salad/roll/fruit 4	>3oz fish patty >wheat bun >am cheese,lett,tom,tartar sc >1 cup cream broccoli soup/cracker >1/2 cup scallop potatoes >1/2 cup mixed vegetables >1/2 cup fruit cocktail 5
>3 oz breaded steak w/country gravy >1/2 cup mashed potatoes >1/2cup peas and pearl onions >1 cup navy bean soup/cracker >biscuit w/margarine >1/2 cup fruit cocktail 8	>3 oz sloppy joes w/wheat bun >1/2 cup corn >1/2 cup broccoli (cold) >1/2cup sliced cinnamon apples 9	>1/2cup Spaghetti with >3oz meatballs marinara sauce >1/2 cup asparagus in butter >1 cup italian wedding soup/cracker >2oz french bread/margarine >med pear 10	>3 oz bone in chicken/country gravy >1/2 cup peas and carrots >1/2 cup mashed potato >1 cup chicken barley soup/cracker >2oz butter milk biscuit & margarine >1/2 cup fruit salad SALAD> taco salad w/beef soup/crackers/cucumber salad/roll/fruit 11	>3 oz Creole whitefish >1/2 cup rice pilaf >1/2 cup green beans >1 cup cream of vegetable soup >1 cup tossed salad/dressing >1/2 cup peaches 12
>3oz meatloaf/mushroom onion gravy >1/2 cup brown rice >1/2 cup mixed vegetable >1/2 cup 3-bean salad >1oz multi grain roll and marg >1/2 cup pineapple 15	>3 oz ham >baked potato/sour cream >1/2 cup California blend (cold) >1 cup lettuce salad/dressing >biscuit/margarine >med apple >easter egg pound cake 16	>3oz breaded pork chop 1/2 cup macaroni and cheese >1/2 cup broccoli (cold) >1 cup salad/dressing >wheat roll/margarine >1/2cup peaches 17	>3oz grilled hamburger/wheat bun > ketchup & mustard pks >1/2 cup tator tots >1/2 cup baked beans >1 cup hamburger soup/crackers >1/2 cup fruit cocktail cheese,lett,tom,onion,ketch,must,mayo SALAD>grilled pesto chicken soup/crackers/roll/fruit 18	 19
>3oz pork outlet w/pork gravy >1/2 cup carrots >1/2 cup mashed potatoes >1 cup beef vegetable soup/cracker >swirled rye bread w/margarine >whole grain muffin >1/2 cup pears 22	>3 oz swedish meatballs >1/2 cup rotini noodles >1/2 cup peas >1 cup tomato florentine soup/cracker >1 cup salad/dressing >multi grain bread/margarine >1/2 cup tropical fruit salad 23	>3oz bbq beef on french bread >1/2 cup sweet potato fries ranch dressing on side >1/2 cup mixed vegetables >1/2cup cole slaw >wheat roll & margarine >1/2cup pineapple 24	>3oz grilled turkey burger/bun >1/2 cup corn >1/2 cup potato wedges >1 cup cream of chicken rice/cracker >1/2cup beet salad >ketchup,mustard,lett,tom,onion,mayo, american cheese >med orange SALAD>chicken greek salad/soup/crackers/bread/fruit 25	>3 oz prime rib w/au jus >1/2 cup au gratin potato >1/2 cup green bean casserole >1 cup beef barley soup/cracker >1 cup tossed salad/dressing >1/2 cup fruit salad >1.5oz multi grain roll/margarine 26
>3 oz homemade turkey and vegetable casserole >1/2 cup noodles >1/2 cup mixed vegetables >1 cup tuscan vegetable soup/cracker >1/2cup mushroom salad >1/2cup fruit juice >cornbread and margarine 29	>3 oz italian sub sandwich >lett,tom,chee,may,mustard >1/2 cup cuc,tom,feta salad >veggie chips >wheat bun >1/2 cup cinnamon apples 30	Please sign up for or cancel lunch by 11:00 a.m. the day before. Thank you. (708) 636-8850	Thursday's salad option MUST BE ORDERED 4 DAYS IN ADVANCED. Mondays by 11:00 the week of is the final day to order.	