

APRIL 2024

Mon	Tue	Wed	Thu	Fri
<p>1 <u>Chicken Pot Pie</u> Mac & Cheese, Vegetables</p> 	<p>2 <u>Cilantro Lime Shrimp Bowl</u> Quinoa, Black Bean Salad, Yogurt & Granola</p> 	<p>3 <u>Roasted Chicken & Fruit Salad</u></p> 	<p>4 <u>Apricot Glazed Turkey</u> Asparagus & Lyonnaise Potatoes</p> 	<p>5 <u>Sautéed Salmon</u> Edamame & Brown Rice</p> 
<p>8 <u>Swedish Meatballs</u> Fettuccini Pasta & Sautéed Spinach</p> 	<p>9 <u>Steak Burrito</u> Roasted Veggies & Potatoes</p> 	<p>10 <u>Turkey Monte Cristo</u> Fruit & Potato Salad</p> 	<p>11 <u>Chicken Fajita</u> Rice & Roasted Veggie</p> 	<p>12 <u>Braised Butter Garlic Cod</u> Sweet Potatoes & Cabbage</p> 
<p>15 <u>Chicken Marsala</u> Rice & Green Beans</p> 	<p>16 <u>Grilled Chicken Pasta Salad</u></p> 	<p>17 <u>Stuffed Chicken Breast</u> Vegetable & Butternut Squash</p> 	<p>18 <u>Meatloaf</u> Mashed Potatoes & Cabbage</p> 	<p>19 <u>Teriyaki Glazed Salmon</u> Brown Rice & Stir Fry Vegetable</p> 
<p>22 <u>Marinated Flank Steak</u> Broccoli & Penne Pasta</p> 	<p>23 <u>Stuffed Peppers</u> Sweet Potato & Vegetable</p> 	<p>24 <u>Grilled Chicken Chef Salad</u> Ranch dressing, cucumber, tomato, garbanzo beans, olives & parmesan cheese</p> 	<p>25 <u>Eggplant Parmesan</u> Garlic Bread & Edamame</p> 	<p>26 <u>Steak Quesadilla</u> Refried Beans & Spanish Rice</p> 
<p>29 <u>Beef Stew</u> Potatoes, Barley & Beans</p> 	<p>30 <u>Cilantro Lime Steak</u> Quinoa, Black Bean Salad, Yogurt & Granola</p> 			

Stickney Township Office on Aging

Thank you for participating in Stickney Township's meal program! Lunch reservations and/or cancellations must be made the day before, by 11:00 a.m.
Suggested Donation: \$2.00 per meal

**North Stickney Senior Center 6721 W. 40th St.
LSV Senior Center 7745 S. Leamington**

**Stickney
Burbank**

**708-788-9100
708-636-8850**

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