























FEBRUARY 2024

Mon	Tue	Wed	Thu	Fri
			1 <u>Steak Quesadilla</u> Spanish Rice & Refried Beans 	2 <u>Beef Stew</u> Potatoes, Barley & Beans 
5 <u>Chicken Pot Pie</u> Mac & Cheese, Vegetables 	6 <u>Cilantro Lime Shrimp Bowl</u> Quinoa, Black Bean Salad 	7 <u>Roasted Chicken Salad</u> 	8 <u>Apricot Glazed Turkey</u> Asparagus & Lyonnaise Potatoes 	9 <u>Sauteed Salmon</u> Edamame & Brown Rice 
12 <u>Steak Burrito</u> Roasted Veggies & Potatoes 	13 <u>Turkey Monte Cristo</u> Fruit & Potato Salad 	14 LSV Valentines Day Party <u>Cheese Pizza & Salad</u> See office to register <u>*Dine-In Only*</u> 	15 <u>Chicken Fajita</u> Rice & Roasted Veggies 	16 <u>Braised Butter Garlic Cod</u> Sweet Potatoes & Cabbage 
19 Buildings Closed- Presidents Day 	20 <u>Beef Roast</u> Roasted Potatoes & Vegetable Mix 	21 <u>Grilled Chicken Pasta Salad</u> 	22 <u>Meatloaf</u> Mashed Potato & Cabbage 	23 <u>Cheese Cauliflower Crust Pizza</u> Pasta & Broccoli 
26 <u>Greek Lemon Chicken</u> Couscous & Green Beans 	27 <u>Stuffed Peppers</u> Sweet Potato & Vegetable Medley 	28 <u>Turkey Burger w/Garlic Aioli</u> Edamame & Rice 	29 <u>Turkey Salad Wrap</u> Fruit & Pasta Salad 	

Stickney Township Office on Aging

Thank you for participating in Stickney Township's meal program! Lunch reservations and/or cancellations must be made the day before, by 11:00 a.m.
Suggested Donation: \$2.00 per meal

**North Stickney Senior Center 6721 W. 40th St.
LSV Senior Center 7745 S. Leamington**

**Stickney
Burbank**

**708-788-9100
708-636-8850**

"Funds (in whole/part) for this publication were provided through an award from AgeOptions through grants from the Illinois Department on Aging and/or Administration for Community Living, U.S. Department of Health and Human Services under Title III of the Older Americans Act."